### **WHITEPAPER**

# POLSO TOKEN

Polso, a BEP20 token, is at the forefront of a transformative movement where each step contributes to both individual well-being and financial prosperity. POLSO App rewards users for their physical activity, seamlessly merging the worlds of health and decentralized finance.

#### **Each Pulse Pays**



## ABOUT US

Polso, a BEP20 token, introduces a groundbreaking synergy between fitness and finance through its integration with the POLSO APP, a total supply of 50 billion tokens, Polso incentivizes physical activity by rewarding users for every step they take. This whitepaper outlines the key features, tokenomics, and the vision behind Polso's mission to redefine the relationship between health and wealth.



Proof-of-Walk (PoW): Polso employs a unique consensus algorithm called Proof-of-Walk, where users validate transactions by completing a predetermined number of steps. This innovative approach not only secures the network but also promotes a healthier lifestyle.

**Decentralized Health Data:** Polso prioritizes user privacy by utilizing decentralized technologies to store health-related data securely. This ensures that participants have control over their personal information while contributing to the overall network

integrity.

Smart Contracts for Fitness Challenges: Polso introduces smart contracts that enable the creation of fitness challenges within the community. Users can set goals, invite others to join, and earn Polso tokens upon successful completion. This fosters a supportive and engaging environment.

Wallet Integration: Polso seamlessly integrates with popular cryptocurrency wallets, allowing users to manage their Polso tokens alongside other digital assets. This integration ensures a user-friendly experience for both crypto enthusiasts and

beginners.

# VISION

At the heart of Polso lies a profound vision – a vision that transcends the boundaries between physical well-being and financial empowerment. Our mission is to reshape the narrative surrounding health and wealth by seamlessly integrating the benefits of an active lifestyle with the decentralized world of blockchain technology. Polso envisions a future where every step taken becomes a step towards improved health, individual wealth, and the broader adoption of cryptocurrency.

## MOVE AND EA

#### **Incentivizing Physical Activity:**

POLSO converts steps into a digital currency, encouraging users to lead active lifestyles.

#### **Global Community:**

POLSO fosters a global community of health-conscious individuals, united by the shared goal of improving well-being through physical activity.

#### Community and Partnerships:

Polso's success relies on community engagement and strategic partnerships. The whitepaper outlines plans for community development, governance structures, and collaborations with health and wellness organizations to enhance the token's realworld impact.

#### **Connection to Physical Activity:**

Polso's vision is a holistic one – where every step taken is a step towards a healthier body, a wealthier life, and a more decentralized and inclusive world. where the pursuit of well-being is seamlessly intertwined with the pursuit of financial prosperity.

### **Empowering** Individuals:

Our vision extends beyond the digital realm; it encompasses the lives of individuals seeking a healthier and more financially inclusive future. Each step taken represents an opportunity for selfimprovement and financial gain.



EACH PULSE PAVS

## WHY POLSO?

Polso addresses two pressing global challenges: the sedentary lifestyle epidemic and the need for decentralized financial solutions. By combining the benefits of physical activity with blockchain technology, Polso introduces a novel approach to earning cryptocurrency through walking. Users can effortlessly participate in the blockchain ecosystem by simply taking steps, converting physical efforts into tangible digital assets.

## WE THINK YOU'LL LOVE POLSO

## HOW TO EARN?

Polso token redefines accessibility by empowering everyone to earn rewards through simple steps. Whether you're a fitness enthusiast or just taking a stroll, Polso welcomes all to earn tokens effortlessly. Beyond accumulating wealth, Polso offers the flexibility to donate tokens or make in-app purchases, enabling users to contribute to charitable causes or enhance their overall experience within the ecosystem. With Polso, walking becomes a universal gateway to financial inclusion, philanthropy, and a healthier lifestyle. Walk, earn, and choose your path with Polso.

#### **Cardio Program**

EACH PULSE PAYS

#### **Pure Strength**



### Walking

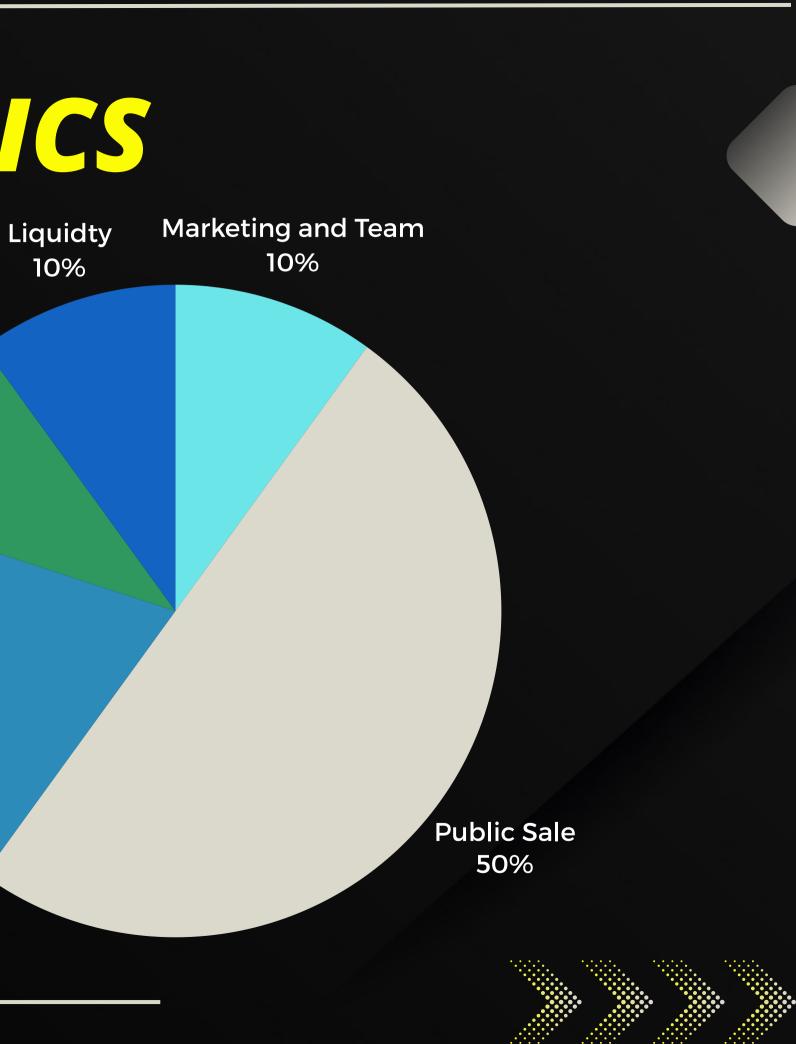
## TOKENOMICS

Token name : **POLSO** SYMBOL : **POLSO** CHAIN : **Binance Smart Chain** Type : **BEP 20** Supply : **50 Billion** 



Reserve 10%

Ecosystem 20%









### **Move and EARN**

With Polso, walking becomes a universal gateway to financial inclusion, philanthropy, and a healthier lifestyle. Walk, earn, and choose your path with Polso.

### **In APP PURCHASES**

The ecosystem supports in-app purchases, allowing users to enhance their experience or unlock premium features using their earned Polso tokens.

# ECOSYSTEM

### **Financial Support**

Polso App works on the reward system , that rewards can be converted into the token and can be a benefit for the users Finance.



### MEET OUR **Investors and Partners**



CoinMarketCap

coinbase

📥 PancakeSwap

TRADER JOE'S"

Sushi

SANDBOX







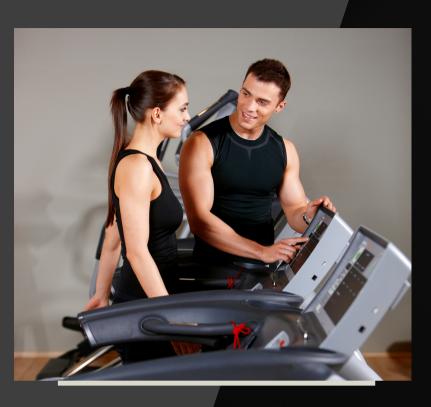


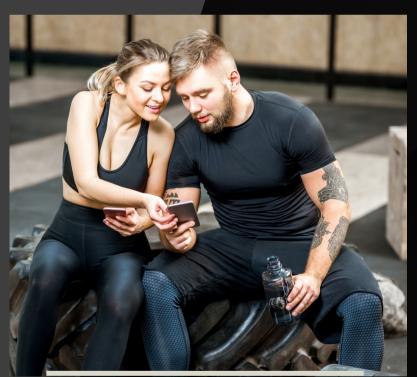




POISO Each Pulse Pays







### Email Info@polso.io

# ASK US ANYTHING



Polso represents a groundbreaking fusion of health and blockchain, pioneering a new era where physical activity contributes to financial well-being.

This whitepaper serves as a foundational document, providing insights into the vision, technology, and

economic principles underpinning Polso.

As we stride into a future where health and wealth

intersect, Polso stands poised to revolutionize both our bodies and our wallets.